

Local 127 Office
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Fall 2016/Spring 2017 Education Schedule – Unifor Local 127

Course Offered	Course Date	Registration Deadline
Finding Your Voice (Public Speaking)	February 04 th , 2017	January 06 th , 2017
Women Activists	February 18 th , 2017	January 06 th , 2017
Anti-harassment (Building a Respectful Workplace Environment)	March 04 th , 2017	January 20 th , 2017
Planning for Your Future (pre-retirement)	March 25 th , 2017	February 10 th , 2017
Building Activism	April 08 th , 2017	February 24 th , 2017
Employee & Family Assistance Program (Drug, Alcohol, and Other Dependencies)	April 22 nd , 2017	March 10 th , 2017
Local Union Trustees Training	May 06 th , 2017	March 24 th , 2017

Fall 2016/Spring 2017 Education Schedule - Sign Up Sheet

**Course Description: Employee & Family Assistance Program
(Drug, Alcohol, and Other Dependencies)**

This is a course that all workplace and local union leadership should take as well as local union EFAP representatives and interested members. The course introduces the issues and needs that Unifor EFAP programs address from alcohol and substance abuse to other issues where members or their families may need referral to professional counseling. Participants discuss root causes, primary issues, and effects. They gain insight into the complex and progressive nature of addictions. The class identifies the principles (best practices), actions, and the resources we need to achieve recovery for co-workers and families who need our help. The class tries out and discusses active listening strategies so essential to successful union programs. The class discusses what enabling is and the better choices. Participants learn about the duty to accommodate as it applies to workers with dependency issues, the value of early intervention, and the rights and duties that apply to the employer, the union, and the individual worker. Members find out what they can do to help build the program or become an EFAP representative. Participants hear AA's 12 step program and the 13 Affirmations of the New Life Acceptance Program of Women for Sobriety. The class ends the day by identifying the many things unions and peer support movements have in common.

Course Date: April 22nd, 2017 Place: Unifor Local 127, Lower Level Board Room

Name	Local	Unit	Phone#

Registration Deadline: March 10th, 2017

